

	Sun 9/20	Mon 9/21	Tue 9/22	Wed 9/23	Thu 9/24	Fri 9/25	Sat 9/26
9am							Meridian Kung Fu 8:15am - 12pm
10am		Yoga4all 9:30am - 11:30am					
11am							
12pm							
1pm	HK 12:30pm - 4pm						D.L. 12:30pm - 4pm
2pm				U3A Monthly Meeting 1:45pm - 3:45pm	Safe Harbour 2pm - 4pm	Wendy Hooper/Roundabout Games 2pm - 4pm	
3pm		Strength & Balance 2:30pm - 3:30pm	Yoga 2:15pm - 3:30pm				
4pm							
5pm	Zen with Ben 5pm - 8pm		Tai chi 5pm - 6pm	Rainbows, Brownies, Guides & Rangers 4:45pm - 8:30pm			C F Charity Quiz (payment on night) 5pm - 10pm
6pm							
7pm			Cubs & Scouts 6:45pm - 8:45pm				
8pm							
9pm							