

	Sun 8/16	Mon 8/17	Tue 8/18	Wed 8/19	Thu 8/20	Fri 8/21	Sat 8/22
7am							
8am							
9am							Meridian Kung Fu 8:15am - 12pm
10am							
11am							
12pm							
1pm					Church 12:30pm - 3:30pm		
2pm	MM 2pm - 4pm						
3pm		Strength & Balance 2:30pm - 3:30pm					
4pm							
5pm							
6pm							