

	Sun 8/9	Mon 8/10	Tue 8/11	Wed 8/12	Thu 8/13	Fri 8/14	Sat 8/15
9am							Meridian Kung Fu 8:15am - 12pm
10am							
11am							
12pm							
1pm							Tanya Whitlock on 26/5 12:30pm - 3:30pm
2pm							
3pm		Strength & Balance 2:30pm - 3:30pm		U3A Music Group 2pm - 4pm	Safe Harbour 2pm - 4pm	Floral Group 2pm - 8pm	
4pm		R.S. 3:30pm - 7pm					
5pm							
6pm				Southend Choir - Rosemary Humphrey 5pm - 7pm			
7pm							
8pm		W.I. 7:30pm - 9:30pm					
9pm					Pilates In Progress 8:30pm - 9:30pm		