



Izzy Doll Pattern For Knitters

Begin at the foot and knit a rectangle. The head is stuffed and the neck formed by tying a thread. The arms and legs are defined by stitching through all layers after the doll is stuffed. The number of rows in each part of the doll can be increased or decreased depending on the individual design. Finished, the height of each doll is approx. 5 inches.

YOU NEED:

- Small quantities of 4 ply or similar weight yarn
- 1 pair of 2.25 mm needles or maybe larger depending on wool
- Tapestry needle
- Polyester fiberfill

Using different tones and shades of wool for the face is appreciated.

TO MAKE:

- Work in stocking stitch throughout
- Cast on 32 Sts
- Work four rows for **feet** – change yarn
- Work 14 rows for **pants** – change yarn
- Work 12 rows for **sweater** – change yarn
- Work 8 rows for **face** – change yarn
- Work 11 rows for **hat** as follows:
 - Row 1 – 4: Work evenly in stocking stitch
 - Row 5: Decrease 5 Sts evenly in stocking stitch across row
 - Rows 6, 8 and 10: Knit across row in stocking stitch
 - Row 7: Decrease 5 Sts evenly across row
 - Row 9: Decrease 5 Sts evenly across row (17 Sts)
 - Row 11: (K.1, K2 together) 9 times
 - Draw yarn through remaining Sts and pull up.

TO FINISH:

- Sew sides together to form a centre back seam.
- Stuff head. Weave a strand of matching yarn across the first face row.
- Draw up to form neck and secure ends.

- Repeat for body, drawing in at the ankles – Stuff.
- Stuff feet and sew up bottom.
- With matching yarn, form arms with tiny backstitches through all layers, from the waist to 2 rows beneath the neck.
 - Define the legs in same way from bottom to a little below the waistline.
 - Embroider hair and facial features as desired.

Remember that they dolls are going to young children so there shouldn't be any removable pieces. If you only use wool, this is never a problem.

In memory of Mark Isfeld

Master Corporal Mark Isfeld's mother Carol created the Izzy Doll so he would have something to give to the children he met while serving as a peacekeeper.

In 1994, Mark was killed while serving in Croatia by a land mine explosion.

Mark's comrades in 1 Combat Engineer Regiment asked Carol to continue making the dolls for them to give out. Before Carol passed away, she gave her blessing to Billy Willbond and his organization ICROSS to carry on promoting, creating and distributing the dolls. HPIC began working with ICROSS more than a decade ago. Through this partnership, HPIC became a major recipient of the Izzy Dolls. A few years ago, Billy passed the torch to HPIC to continue the mission of bringing comfort and joy to the little children of the world. Billy had three conditions: that HPIC use the dolls to benefit children, that this work be done to honour the memory of Master Corporal Mark Isfeld, and that the dolls not be bought or sold.

We invite you to continue this beautiful story.

